

SKIN TYPE ASSESSMENT FORM – SOLARIA

The following form is based on the Fitzpatrick Skin Photo Type Classification System. It was taken from information on the Victorian Department of Human Services, "Guide to Requirements for Solaria in Victoria", February 2009, at: http://www.health.vic.gov.au/environment/downloads/radiation/ctu_guidelines.pdf

This form is an example of how skin type can be assessed by asking a client a series of questions. It is indicative only.

Score	0	1	2	3	4	Score
Genetic Predisposition						
What is the colour of your eyes?	Light Blue, Grey or Green	Blue, Grey or Green	Blue	Dark Brown	Brownish Black	
What is the natural colour of your hair?	Sandy/Red	Blonde	Chestnut/ Dark Blonde	Dark Brown	Black	
What is the colour of your skin (non-exposed areas)?	Reddish	Very Pale	Pale with/ Beige Tint	Light Brown	Dark Brown	
Do you have freckles on unexposed areas?	Many	Several	Few	Incidental	None	
Total						

Reaction to Sun Exposure						
What happens when you stay in the sun too long?	Painful redness, blistering, peeling	Blistering followed by peeling	Burns sometimes followed by peeling	Rare burns	Never had burns	
To what degree do you turn brown?	Hardly or not at all	Light colour tan	Reasonable tan	Tan very easily	Turn dark brown quickly	
Do you turn brown within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always	
How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem	
Total						

Tanning Habits						
When did you last expose your body to sun/solarium/tanning cream?	More than 3 months ago	2 - 3 months ago	1 - 2 months ago	Less than a month ago	Less than 2 weeks ago	
Did you expose the area to be treated to the sun?	Never	Hardly ever	Sometimes	Often	Always	
Total						

Skin Type Score	Fitzpatrick Skin Type	
0 - 7	I	1
8 - 16	II	2
17 - 25	III	3
25 - 30	IV	4
Over 30	V - VI	5 - 6

Skin Type 1 means skin which always burns and never tans (pale white skin)

Skin Type 2 means skin which always burns easily and tans minimally (white skin)

Skin Type 3 means skin which burns moderately and tans uniformly (light brown skin)

Skin Type 4 means skin which burns minimally and always tans well (moderate brown skin)

Skin Type 5 means skin which rarely burns and tans profusely (dark brown skin)

Skin Type 6 means skin which never burns (deeply pigmented dark brown to black skin)

Name of client: Total Skin type Score:

Note: the total score above is to be treated as a guide only in determining a person's skin type.

Result of Skin Type Assessment

Skin Type 1 (if a person is assessed as Skin Type 1, the solarium must not allow that person to use a tanning unit)

Skin Type: 2 3 4 5 6 (skin type number to be circled)

Assessment conducted by:.....(print name)

Signature: **Date of Assessment:** / /