

CORPORATE VOLUNTEERING EXPERIENCES IN SYDNEY HARBOUR NATIONAL PARK



nationalparks.nsw.gov.au

WHAT DO PARTICIPANTS NEED TO BRING?

- Bottled water
- Hat and sunscreen
- Insect repellent
- Long sleeved pants and shirt
- Quick dry clothing if kayaking
- Enclosed shoes or boots
- Enthusiasm!

The National Park's rangers and field staff will provide other equipment.

SAFETY

National Park's rangers and field staff will be on hand at all times and participants will be given a safety briefing. They also have first aid training and all safety equipment is provided.

FITNESS REQUIREMENTS

Fitness is an advantage for some experiences, such as kayaking on Sydney Harbour. However, everyone is welcome to join, and participants are teamed with more capable partners if required. Please discuss your requirements when booking.

SYDNEY HARBOUR NATIONAL PARK – MIDDLE HEAD

Many people live and work around Sydney Harbour without realising the extensive areas of national park that surround them. The Sydney Harbour National Park comprises the harbour entrance, natural bushland, secluded sandy beaches, rugged cliffs and harbour islands. As well as providing habitat for our native flora and fauna, the park contains remarkable Aboriginal heritage and Australian military history.

Centrally located to the Sydney CBD, Middle Head in Sydney Harbour National Park is a wonderful place to hold your corporate team building day. Boasting fortifications that date back to 1801, beautiful bushland and evidence of Aboriginal occupation, this is the ideal spot for your staff to immerse themselves in their surroundings while working with their team mates to bring the bush and cultural heritage back to life.

PRODUCTS ON OFFER

Bring the Bush to Life

Participants will be given a presentation on the role of NPWS and the work that is done in Sydney Harbour National Park before they start work. Tasks vary and can include excavating an 1870s military tunnel, uncovering an historic cobblestone road or removing weeds to allow the natural bushland to flourish. Tea and coffee provided on arrival.

Team Building Challenge

Participants will be given a presentation on the role of NPWS and the work that is done in Sydney Harbour National Park before they start work. They will then be broken into groups and tasked with three different conservation jobs, which include archaeological digs, weeding and planting. Each group will participate in all three activities and there will be scores for each of them. The day will end with a prize giving ceremony.

This option includes a guided tour of the surroundings after lunch. Additionally, there is the option of a catered lunch. Tea and coffee on arrival, morning tea provided.

Kayak Clean-up on Sydney Harbour

Participants will be given a presentation on the role of NPWS and the work that is done in Sydney Harbour National Park. The group will then be transferred to Chowder Bay, allocated a partner and a double kayak, ready for a morning of cleaning up the harbour removing rubbish that could be hazardous to marine birds and animals. At Bradleys Head participants will help with bush regeneration before being treated to a BBQ lunch.

Tea and coffee on arrival, morning tea and lunch provided.



PRICE DETAILS

The itinerary and price of each package will vary depending on the site, level of support provided by NPWS staff and your specific requirements, such as additional activities, competitions or a catered lunch.

An example of standard Bring the Bush to Life and Team Building Challenge schedules are shown in the table below.

BRING THE BUSH TO LIFE

0830 – 0900	Tea and coffee
0900 – 0915	NPWS Presentation
0915 – 0930	Safety brief and tool up
0930 – 1100	Get your hands dirty
1100 – 1130	Morning tea
1130 – 1300	Get your hands dirty
1300 – 1345	Lunch and group photo
1345 – 1445	Get your hands dirty
1445 – 1530	Pack up

TEAM BUILDING CHALLENGE

0830 – 0900	Tea and coffee
0900 – 0915	NPWS Presentation
0915 – 0930	Safety brief and tool up
0930 – 1100	Get your hands dirty
1100 – 1130	Morning tea
1130 – 1315	Get your hands dirty
1315 – 1330	Pack up
1330 – 1415	Lunch and group photo
1415 – 1500	Tour or bushwalk
1500	Presentation



FOR MORE INFORMATION

To discuss the best option for your organisation, please contact our Corporate Engagement Volunteer partner at Landcare Australia Ltd.:

Odessa O'Brien on (02) 8440 8812 Monday through Friday (8:30 am to 5:00 pm) or email: Odessa.O'Brien@landcareaustralia.com.au

You can also visit our website: <http://www.nationalparks.nsw.gov.au/get-involved>

WHAT OTHERS HAVE SAID!

"Thanks for giving us the opportunity - it was a great day, and definitely good to get out amongst the team weeding, and digging out holes, and exploring the tunnels on the beautiful harbour! We should have these events more often."
Ash, Westpac

"I'd vote for it becoming a biannual event. And/or us going to Middle Head again next year. I want to see that tunnel finished!"
Amber, Westpac

"Thanks for the fantastic staff volunteering day you hosted for us recently. We had the most overwhelmingly positive feedback about the day

– in fact the only criticism we received was that the day was too short!"
Michelle, Coca Cola South Pacific

"I would like to thank you and your team for arranging the day and for putting up with all of us. We all enjoyed it enormously and learned a lot (like how to hate the Mickey Mouse plant and how to capsize a kayak). I think what you're doing is fantastic and I would jump at the opportunity to help save that piece of nature right on our doorstep."
Ana, Price Waterhouse Coopers Australia